



Monday to Friday

FROM LYNN TO SWAMPSCOTT

	AM														PM																				
LYNN	5:08	5:36	6:13	6:41	7:13	7:41	8:18	8:40	9:10	9:40	10:10	10:40	11:13	11:40	12:10	12:43	1:10	1:41	2:10	2:41	3:11	3:41	4:11	4:40	5:06	5:33	6:10	6:46	7:18	8:10	8:55	9:18	9:48	10:48	11:56
SWAMPSCOTT	5:16	5:44	6:21	6:49	7:21	7:49	8:26	8:48	9:18	9:48	10:18	10:48	11:21	11:48	12:18	12:51	1:18	1:49	2:18	2:49	3:19	3:49	4:19	4:48	5:14	5:41	6:18	6:54	7:26	8:18	9:03	9:26	9:56	10:56	12:04
CONNECT WITH TRAIN	140	100 - 141	142	102 & 101	144	104 & 143	146	106 & 145	148 & 105	108 & 191	150 & 147	192 & 107	110	152 & 149	109	112	154 & 151	111	114 & 197	156 & 153	198 & 113	116 & 155	158 & 115	157	118 & 117	160 & 159	120 & 119	161	162 & 121	122 & 163	123	124	164 & 165	126 & 125	127/ 167

FROM SWAMPSCOTT TO LYNN

	AM														PM																				
SWAMPSCOTT	5:31	6:04	6:36	7:06	7:36	8:06	8:41	9:06	9:36	10:06	10:36	11:06	11:36	12:06	12:33	1:06	1:36	2:04	2:36	3:06	3:36	4:06	4:36	5:03	5:33	6:04	6:41	7:09	7:44	8:41	9:18	9:41	10:18	11:19	12:19
LYNN	5:39	6:12	6:44	7:14	7:44	8:14	8:49	9:14	9:44	10:14	10:44	11:14	11:44	12:14	12:41	1:14	1:44	2:12	2:44	3:14	3:44	4:14	4:44	5:11	5:41	6:12	6:49	7:17	7:52	8:49	9:26	9:49	10:26	11:27	12:27
CONNECT WITH TRAIN	140	100 & 141	142	102 & 101	144	104 & 143	146	106 & 145	148 & 105	108 & 191	150 & 147	192 & 107	110	152 & 149	109	112	154 & 151	111	114 & 197	156 & 153	198 & 113	116 & 155	158 & 115	157	118 & 117	160 & 159	120 & 119	161	162 & 121	122 & 163	123	124	164 & 165	126 & 125	127/ 167

Weekend

FROM LYNN TO SWAMPSCOTT

	AM							PM													
LYNN	5:20	6:30	7:30	8:30	9:30	10:30	11:30	12:30	1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	8:55	9:30	10:25	11:00	11:55
SWAMPSCOTT	5:28	6:38	7:38	8:38	9:38	10:38	11:38	12:38	1:38	2:38	3:38	4:38	5:38	6:38	7:38	8:38	9:03	9:38	10:33	11:08	12:03
CONNECT WITH TRAIN	1150/ 2150	1100/ 1200 & 1101/ 2101	1152/ 2152 & 1153/ 2153	1102/ 2101 & 1103/ 2103	1154/ 2154 & 1155/ 2155	1104/ 2104 & 1105/ 2105	1156/ 2106 & 1105/ 2105	1106/ 2106 & 1107/ 2107	1158/ 2158 & 1159/ 2159	1108/ 2108 & 1109/ 2109	1160/ 2160 & 1161/ 2161	1110/ 2110 & 1111/ 2111	1162/ 2162 & 1163/ 2163	1112/ 2112 & 1113/ 2165	1164/ 2164 & 1165/ 2165	1114/ 2114	1115/ 2115	1166/ 2166	1167/ 2167	1116/ 2116	1117/ 2117

FROM SWAMPSCOTT TO LYNN

	AM							PM													
SWAMPSCOTT	5:43	6:58	7:58	8:58	9:58	10:58	11:58	12:58	1:58	2:58	3:58	4:58	5:58	6:58	7:58	8:53	9:18	9:53	10:48	11:23	12:18
LYNN	5:51	7:06	8:06	9:06	10:06	11:06	12:06	1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:01	9:26	10:01	10:56	11:31	12:26
CONNECT WITH TRAIN	1150/ 2150	1100/ 1200 & 1101/ 2101	1152/ 2152 & 1153/ 2153	1102/ 2101 & 1103/ 2103	1154/ 2154 & 1155/ 2155	1104/ 2104 & 1105/ 2105	1156/ 2106 & 1105/ 2105	1106/ 2106 & 1107/ 2107	1158/ 2158 & 1159/ 2159	1108/ 2108 & 1109/ 2109	1160/ 2160 & 1161/ 2161	1110/ 2110 & 1111/ 2111	1162/ 2162 & 1163/ 2163	1112/ 2112 & 1113/ 2165	1164/ 2164 & 1165/ 2165	1114/ 2114	1115/ 2115	1166/ 2166	1167/ 2167	1116/ 2116	1117/ 2117

A FREE shuttle bus provides service between Lynn and Swampscott to connect with the Commuter Rail during the Lynn station improvement project.

For full train schedule visit: [MBTA.com/cr](https://www.mbta.com/cr)