



Monday to Friday

FROM LYNN TO SWAMPSCOTT

	AM														PM																			
LYNN	5:08	5:36	6:13	6:41	7:13	7:43	8:18	8:40	9:10	9:40	10:10	10:40	11:13	11:40	12:10	12:43	1:10	1:41	2:10	2:41	3:11	3:41	4:11	4:40	5:06	5:33	6:10	6:46	7:18	8:10	8:55	9:18	10:48	11:56
SWAMPSCOTT	5:16	5:44	6:21	6:49	7:21	7:51	8:26	8:48	9:18	9:48	10:18	10:48	11:21	11:48	12:18	12:51	1:18	1:49	2:18	2:49	3:19	3:49	4:19	4:48	5:14	5:41	6:18	6:54	7:26	8:18	9:03	9:26	10:56	12:04

FROM SWAMPSCOTT TO LYNN

	AM														PM																				
SWAMPSCOTT	5:31	6:04	6:36	7:06	7:36	8:06	8:41	9:06	9:36	10:06	10:36	11:06	11:36	12:06	12:33	1:06	1:36	2:04	2:36	3:06	3:36	4:06	4:36	5:03	5:33	6:04	6:41	7:09	7:44	8:41	9:18	9:41	10:18	11:19	12:19
LYNN	5:39	6:12	6:44	7:14	7:44	8:14	8:49	9:14	9:44	10:14	10:44	11:14	11:44	12:14	12:41	1:14	1:44	2:12	2:44	3:14	3:44	4:14	4:44	5:11	5:41	6:12	6:49	7:17	7:52	8:49	9:26	9:49	10:26	11:27	12:27

Weekend

FROM LYNN TO SWAMPSCOTT

	AM														PM																					
LYNN	5:20	6:30	7:30	8:30	9:10	9:30	10:05	10:25	11:00	11:25	11:45	12:20	12:55	1:35	2:15	2:50	3:25	3:45	4:14	4:30	5:08	5:25	5:45	6:23	6:40	7:00	7:29	7:45	8:10	8:39	8:55	9:35	10:10	11:05	11:55	12:24
SWAMPSCOTT	5:28	6:38	7:38	8:38	9:18	9:38	10:13	10:33	11:08	11:33	11:53	12:28	1:03	1:43	2:23	2:58	3:33	3:53	4:22	4:38	5:16	5:33	5:53	6:31	6:48	7:08	7:37	7:53	8:18	8:47	9:03	9:43	10:18	11:13	12:03	12:32

FROM SWAMPSCOTT TO LYNN

	AM														PM																					
SWAMPSCOTT	5:43	6:58	7:53	8:53	9:33	9:53	10:28	10:48	11:23	11:48	12:08	12:43	1:18	1:58	2:38	3:13	3:48	4:08	4:37	4:53	5:31	5:48	6:08	6:46	7:03	7:23	7:52	8:08	8:33	9:02	9:18	9:58	10:33	11:28	12:18	12:47
LYNN	5:51	7:06	8:01	9:01	9:41	10:01	10:36	10:56	11:31	11:56	12:16	12:51	1:26	2:06	2:46	3:21	3:56	4:16	4:45	5:01	5:39	5:56	6:16	6:54	7:11	7:31	8:00	8:16	8:41	9:10	9:26	10:06	10:41	11:36	12:26	12:55

A FREE shuttle bus provides service between Lynn and Swampscott to connect with the Commuter Rail during the Lynn station improvement project. For train times from Swampscott Station visit: [MBTA.com/cr](https://www.mbta.com/cr)