

# **Massachusetts Bay Transportation Authority**

## Safety Briefing

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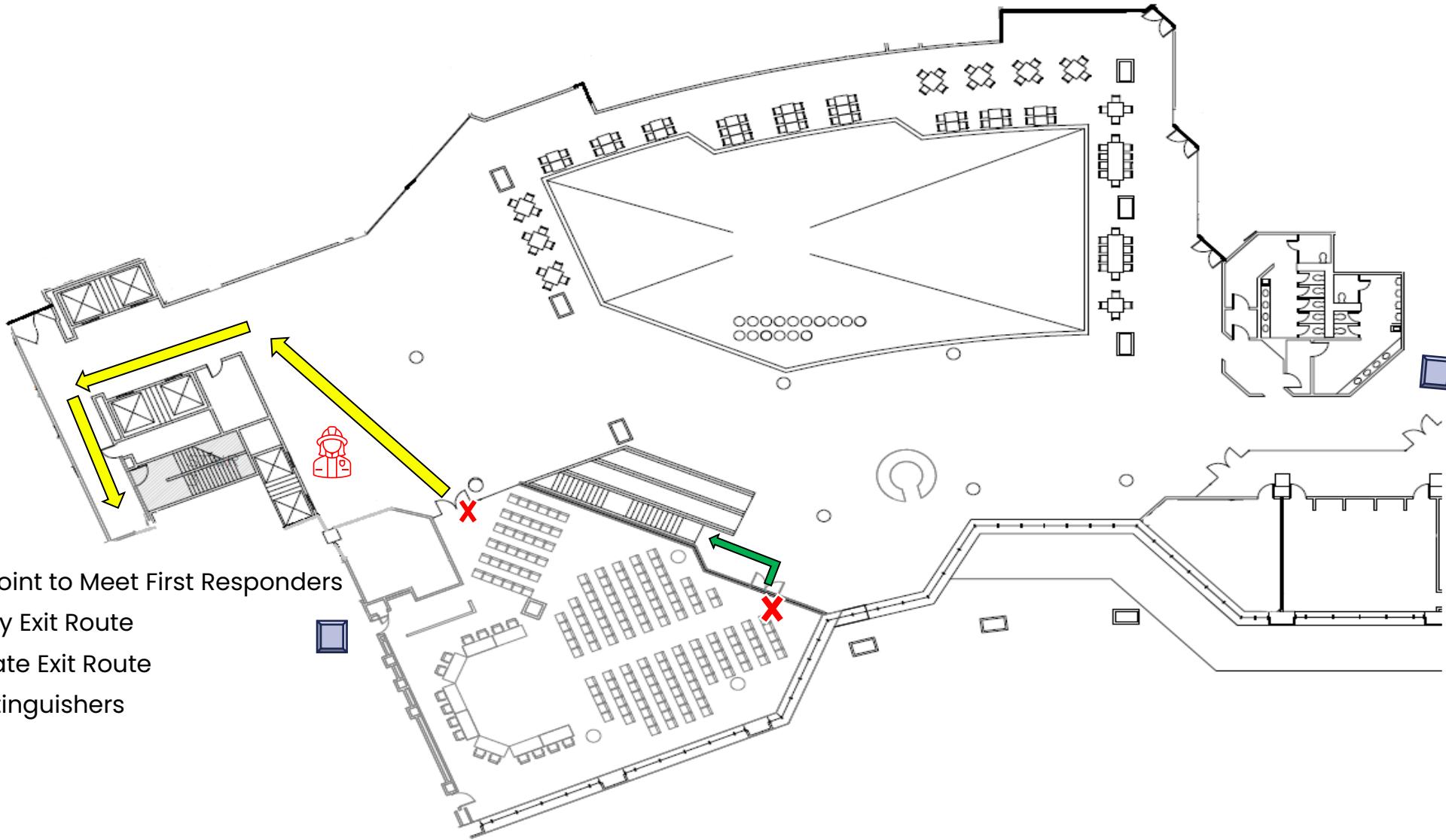
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Deputy Chief of Staff

MBTA Board of Directors Meeting

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# Safety Contact



# Heat Related Death Statistics

In 2023, the United States saw a record number of heat-related deaths, with more than 2,300 deaths attributable to excessive heat, according to the Journal of the American Medical Association.

This represents a significant increase of 117% since 1999, when there were 1,063 heat related deaths.

According to the Massachusetts Department of Health, in 2023, there were 2 heat-related deaths in the Commonwealth.



[www.jamanetwork.com](http://www.jamanetwork.com)  
[www.masslive.com](http://www.masslive.com)

# Practice Heat Safety Wherever You Are

## **Job Sites**

Stay hydrated and take breaks in the shade as often as possible.

## **Indoors**

Check up on the elderly, sick and those without AC.

## **Vehicles**

Never leave kids or pets unattended- LOOK before you LOCK.

## **Outdoors**

Limit strenuous outdoor activities, find shade, and stay hydrated.



Thank you!

